

Light On In The Kitchen by Ashley McBryde Dance Title: Leave A Light On
Count: 48 Wall: 1 Tag: 1 Restarts: 2 Level: Intermediate
Choreographer: Ella Trumpfeller October 2023

Intro 16 counts: Hold 8 count then Chasse Right ball change LR Chasse Left ball change RL

note: 48 counts starts each time by stepping to 3:00

[1-8] ¼ turn Right Step R to 3:00 , step L, shuffle RLR, rock Left forward recover R, sailor ½ turn Left

1-8 ¼ turn Right Step Right to **3:00** (1), Step Left (2) shuffle Right (3&4) rock L forward (5) recover Right (6) sailor ½ turn Left (LRL) 7&8 to **9:00**

[9-16] Shuffle R. Coaster forward L, Step touch, Step Touch

9-16 shuffle forward RLR (1&2) coaster: step L step R to L, Step L forward (3&4) step Right forward (5) touch L to R (snap Right fingers overhead) (6) step Left to Left (7) touch R to L (snap Left fingers overhead) (8)

[17-24] Scuff R step R out, sailor ¼ turn L, Heel step heel step heel step step

17-24 Scuff Right heel forward (1) Step out on R to Right side (2) rond de jambe pas de bouree with Left foot or sailor ¼ turn Left – LRL to 6:00 (3&4) Right heel forward step Right to Left foot (5&) Left heel forward step Left to Right foot (6&) Right heel forward (7) Step Right to Left foot (&) Step Left in place (8)

[25-32] Step Right forward Touch Left to R, shuffle back LRL, mambo Right side RLR and Mambo Left side LRL

25-32 Step Right forward (1) Touch Left to Right (snap right fingers overhead)(2) Left shuffle back LRL (3&4) Mambo: Step Right to right side, recover step L step Right to Left foot (5&6) Mambo: Step Left to Left side, recover step R step Left to Right Foot (7&8)

[33-40] Mambo R Front, Mambo Left back, Chasse Right, Left heel dig to Left side – Hitch Left foot – ¼ turn Left step Left to 3:00

33-40 Step R forward recover back on Left, step Right to Left foot (1&2) Step L back recover on Right Step L to R foot (3&4) Step Right Step L to Right Step out R (5&6) Left Heel out to Left side (7) bring Left foot in front on Right shin (&) ¼ turn Left step L to 3:00 (8)

[41-48] Step R out – Stay In 2nd position plié bounce – ½ turn R Stay In 2nd position plié – ¼ turn Right walk RLRL to end at 12:00

41-48 Step Right out bend knees (1) plié bounce (2) ½ turn Right feet apart (3) plié bounce (4) ¼ turn Right Step Right (5) – Step Left (6) Step Right 7, Step Left (8) to end facing 12:00

Repeat 48 counts then Tag

4 count TAG: Rocking Chair Rock R forward (1) recover step L(2) Rock R back (3) Recover Step L(4)

Repeat 24 counts then ½ turn mambo combo to Right to end at 12:00 (8 counts) for RESTART

RESTART – 48 counts -

Repeat 20 counts then ½ turn with the heel step heel step heel step step (turning to right to end at 12:00 for restart - RESTART – repeat 48 counts + 8 thru sailor pose on “1”

Choreographer's cheat sheet notes:

(1) ALL 48

(2) ALL 48

Tag 4 count: Rocking Chair

(3) 24 Counts then Mambo to front

(4) Restart All 48

(5) 16 counts then turn “heel step” combo to front

(6) Restart ALL 48

(7) First 8 counts – Pose on “1”

contact Ella Trumpfeller ellatrump@gmail.com

<https://www.facebook.com/Choreographer.EllaT>